

# BOUDIN™

Menu selection may vary by location.

## ALL DAY BREAKFAST

### FAVORITE 8.49

Nutritional information excludes butter and jam.

#### Traditional Breakfast 690 cal

Scrambled eggs, applewood smoked bacon, potato wedges, toast and jam.

### BREAKFAST SANDWICHES 6.79

Classic toasted sourdough & scrambled eggs.

#### Bacon & Cheddar Breakfast Sandwich 750 cal

Scrambled eggs, applewood smoked bacon, sharp cheddar on toasted sourdough.

#### Ham & Cheddar Breakfast Sandwich 660 cal

Scrambled eggs, applewood smoked ham, sharp cheddar on toasted sourdough.

### BREAKFAST BURRITOS 6.89

Served with spicy crema 220 cal & wrapped in a whole wheat tortilla.

#### Bacon & Cheddar Breakfast Burrito 610 cal

Whole wheat tortilla, bacon, egg, sharp cheddar, potatoes.

#### Veggie & Swiss Breakfast Burrito 550 cal (V)

Whole wheat tortilla, broccoli, spinach, potatoes, egg, Swiss cheese.

### LITE BITE 5.19

Fresh seasonal fruit & hearty granola.

#### Fresh Fruit 100 cal

Seasonal fresh fruit.

#### Granola & Greek Yogurt Parfait 380 cal

Greek vanilla yogurt with fresh seasonal berries and crunchy granola. Contains nuts.

### SIDES 2.79

Add your favorites.

#### Sourdough Toast 110 cal

Toasty classic.

#### Potato Wedges 290 cal

Seasoned to perfection.

#### Side of Fruit 50 cal

#### Seeds & Grains Toast 160 cal

Toasty grain goodness.

#### Applewood Smoked Bacon 120 cal

Thick-cut and crispy.

## AVOCADO TOAST

Served with a choice of original potato chips 140 cal or mixed greens 5 cal, dressing 40 cal.

#### The Purist Avocado Toast 300 cal (V) 8.99

Cage-free hard boiled egg, smashed avocado, sprinkle of sea salt on toasted sourdough.

#### The Pesto Avocado Toast 410 cal (V) 8.99

Cage-free hard boiled egg, smashed avocado, fresh pesto, sprinkle of sesame seeds on toasted seeds & grains bread.

#### The Bacon Avocado Toast 480 cal 9.99

Thick cut caramelized bacon with a brown sugar, black and cayenne pepper rub, cage-free hard-boiled egg, smashed avocado, sprinkle of sea salt on toasted sourdough.

## NEW SOURDOUGH PIZZA

Prepared on 9" Boudin Sourdough Crust

#### Four Cheese 950 cal (V) 9.99

Ciliegine fresh mozzarella, sharp cheddar, parmesan, shredded whole milk mozzarella with sweet and savory pizza sauce.

#### Pizza Bruschetta 840 cal (V) 9.99

Ciliegine fresh mozzarella, grape tomato with sweet and savory pizza sauce garnished with chiffonade basil.

#### Classic Pepperoni 950 cal 10.99

Pepperoni, shredded whole milk mozzarella with sweet and savory pizza sauce.

#### Sausage & Pepperoni 1,000 cal 10.99

Italian sausage, pepperoni, roasted red pepper, caramelized onions, shredded whole milk mozzarella with sweet and savory pizza sauce.

#### Combo 1,080 cal 12.99

Italian sausage, pepperoni, salami, shredded whole milk mozzarella, sharp cheddar, black olives, Cremini mushrooms, red onion, red bell pepper with sweet and savory pizza sauce.

## NEW FROM OUR KITCHEN

#### Sear-ious Steak Salad 370 cal, dressing 220 cal 14.99

Searred flank steak, roasted portobello mushroom, organic arugula, chopped romaine, roasted grape tomatoes, shredded sharp white cheddar, toasted sourdough breadcrumbs, zesty gochujang dressing.

#### Hello Portobello Salad 160 cal, dressing 220 cal (V) 11.29

Roasted portobello mushroom, roasted grape tomatoes, organic shredded kale, chopped romaine, shredded sharp white cheddar, toasted sourdough breadcrumbs, zesty gochujang dressing.

#### The Steak Banh Mi Sandwich 840 cal 11.99

Searred flank steak, house-made spicy pickled carrots, red onion and jalapeños, cilantro, green leaf lettuce, creamy gochujang spread on a Ciabatta roll.

#### The Roasted Portobello Sandwich 870 cal (V) 10.99

Roasted portobello mushroom, cucumber, sliced tomato, red onion, organic arugula, balsamic dressing, garlic aioli on a Ciabatta roll.

## GRAIN BOWLS & CRISP SALADS

Served with our world famous fresh-baked bread 110-150 cal.

#### Delicious Citrus 270 cal, dressing 100 cal 11.29

Quinoa, organic shredded kale, feta cheese, sliced oranges, crisp cabbage, house pickled onion, organic lemon vinaigrette dressing.

#### Quin-Wow 360 cal, dressing 170 cal 12.29

All-natural chicken breast, quinoa, edamame, chopped romaine, red bell pepper, crisp cabbage, carrots, cucumber, cilantro, black sesame seeds, sesame hummus dressing.

#### Asian Chicken Salad 320 cal, dressing 280 cal 11.29

All-natural chicken breast, oranges, cucumbers, red bell pepper, almonds, cilantro, spring mix, sesame ginger dressing. Contains nuts.

#### Chicken Caesar Salad 530 cal, dressing 250 cal 11.29

All-natural chicken breast, sourdough croutons, parmesan, romaine lettuce, Caesar dressing. Contains anchovy.

Without chicken 9.59, 390 cal

#### Cobb Salad 440 cal, dressing 200 cal 11.29

All-natural chicken breast, blue cheese, applewood smoked bacon, chopped egg, tomatoes, romaine lettuce, ranch dressing.

#### Spring Salad with Chicken 660 cal, dressing 330 cal 11.29

All-natural chicken breast, Granny Smith apple, spiced walnuts, dried cranberry, feta cheese, spring mix, balsamic vinaigrette. Contains nuts.

Without chicken 9.59, 520 cal

## BURGERS

Hot Sandwiches 11.29

California-grown natural Black Angus USDA certified beef. All burgers are cooked well-done 160°F.

Served with original potato chips 140 cal or mixed greens 5 cal, dressing 40 cal

#### California Baguette Burger 1230 cal

Havarti, lettuce, tomatoes, smashed avocado, mayo, balsamic vinaigrette, garlic-buttered toasted seeds & grains baguette. Add applewood smoked bacon 2.79, 120 cal

#### Blue Note Baguette Burger 870 cal

Blue cheese, caramelized onions, organic arugula, balsamic vinaigrette, garlic-buttered toasted sourdough baguette.

#### The Original Baguette Burger 1100 cal

Sharp cheddar, lettuce, tomatoes, red onion, garlic-buttered toasted sourdough baguette.

#### Sourdough Patty Melt 870 cal

Melted sharp cheddar, Havarti, natural Black Angus burger patty, caramelized onions on parmesan-cruste d sourdough bread.

#### NEW IMPOSSIBLE™ Burger 940 cal (V) 13.99

IMPOSSIBLE™ burger patty, sharp cheddar, green leaf lettuce, sliced tomato, red onion, dill pickle slices, house-made Russian dressing on a challah bun.

## FAMILY MEALS

Excludes hot sandwiches. No substitutions or modifications.

Additional charges may apply.

Meal for 2 25.99 Meal for 4 45.99

### Bread Bowl Soup & Sandwich Meal

### Salad & Bread Bowl Soup Meal

### Sandwich & Salad Meal

### Sourdough Pizza Meal

Meal for 2 20.99 Meal for 4 40.99

## SOURDOUGH BREAD BOWL SOUPS 8.29

If you enjoy the bread bowl top, add 290 cal.

### TRADITIONAL SOUPS

#### Clam Chowder 290 cal

Our world-famous New England-Style clam chowder.

### VEGETARIAN SOUPS

#### Rustic Tomato Soup 230 cal (V)

Topped with rustic sourdough croutons and parmesan.

#### Butternut Squash 310 cal (V)

Sprinkled with dried cranberries and spiced walnuts. Contains nuts.

### SOUP OF THE DAY

Enjoy our special daily soup.

### CHILI 9.59

#### Beef Chili 370 cal

Topped with sharp cheddar and diced onions.

### SIDE SOUP & CHILI

Add a side of soup to any entrée. 3.59 Side of chili. 4.09

## SANDWICHES

Served with a choice of original potato chips 140 cal or mixed greens 5 cal, dressing 40 cal

### GRILLED CHEESE 10.49

#### The Great Grilled Cheese with Bacon 870 cal

Applewood smoked bacon, Havarti, sharp cheddar melted to perfection on parmesan-cruste d sliced sourdough.

Without bacon 9.99 690 cal

#### Grilled Cheese with Ham 930 cal

Applewood smoked ham, sharp cheddar, Havarti, Dijon, mayo, on parmesan-cruste d sliced sourdough.

#### Grilled Brie with Apples & Fig Jam 890 cal (V)

Brie, Havarti, sliced apples and fig jam, on parmesan-cruste d seeds & grains bread.

### ARTISAN SANDWICHES 10.99

#### Toasted Chicken Club Sandwich 820 cal Hot Sandwich

All-natural chicken breast, applewood smoked bacon, Swiss cheese, smashed avocado, tomatoes, lettuce, mayo, toasted sliced sourdough.

#### Chicken Pesto Sandwich 740 cal

All-natural chicken breast, tomatoes, organic arugula, balsamic vinaigrette, pesto mayo, on a sourdough baguette.

#### Turkey Avocado Sandwich 770 cal

Turkey breast, Havarti, smashed avocado, tomatoes, lettuce, mayo, on sliced seeds & grains bread.

On a croissant add 1.00 960 cal

#### Italian Classic 980 cal

Columbus salami, mortadella, provolone, lettuce, Dijon, mayo, on a sourdough baguette.

#### Sourdough French Dip 550 cal Hot Sandwich

Thinly sliced roast beef, au jus dipping sauce, on a sourdough baguette with a side of horseradish.

#### Tuna Melt 1100 cal Hot Sandwich

Tuna salad, Havarti, sharp cheddar, sliced tomato, on parmesan-cruste d sliced sourdough.

#### BLT 920 cal Hot Sandwich

Thick cut caramelized bacon with a brown sugar, black and cayenne pepper rub, green leaf lettuce, tomatoes, mayo on toasted sourdough bread.

#### BLTA 980 cal Hot Sandwich 11.99

Thick cut caramelized bacon with a brown sugar, black and cayenne pepper rub, green leaf lettuce, smashed avocado, tomatoes, mayo on toasted sourdough bread.

### BOUDIN CLASSIC SANDWICHES 9.49

#### Turkey Cranberry 600 cal

Turkey breast, cranberry sauce, red onion, lettuce, mayo, on sliced sourdough.

#### California Veggie Sandwich 620 cal (V)

Smashed avocado, Havarti, red peppers, cucumber, lettuce, red onion, tomatoes, sun-dried tomato spread, balsamic vinaigrette, on sliced seeds & grains bread.

#### Chicken Salad Sandwich 530 cal

All-natural chicken breast, celery, scallion, sliced almonds, red grapes, lettuce, Dijon, mayo, on sliced sourdough. Contains nuts.

#### Tuna Salad Sandwich 580 cal

Tuna, celery, red onion, parsley, tomatoes, lettuce, mayo, on sliced sourdough.

#### Turkey & Havarti Sandwich 740 cal

Turkey breast, Havarti, tomatoes, lettuce, mayo, on a sourdough baguette.

#### Roast Beef & Cheddar Sandwich 610 cal

Roast beef, sharp cheddar, lettuce, tomato, red onion, horseradish mayo on sliced sourdough.

### ADD-ON AND BOOST YOUR BITE

#### Seared Steak 4.99 220 cal

#### All-Natural Chicken Breast 2.89 140 cal

#### Sweet & Spicy Bacon 2.79 180 cal

#### Portobello Mushroom 2.99 21 cal

#### Edamame 1.29 94 cal

#### Fresh Sliced Avocado 1.29 60 cal

## PICK • A • PAIR

Our combo corner

got an upgrade

Pick any two menu items for one incredible meal.

\$10.89 Combo cal range 460 – 1020 cal

Each half must come from a separate category

- Sandwiches
- Burgers
- Grain Bowls & Crisp Salads
- Soups
- Avocado Toasts

Add \$2.29 for seared steak items or IMPOSSIBLE™ Burger.

Add \$1 for a Bread Bowl. Excludes Breakfast & Pizza.

Additional charges may apply.

## KID'S MENU

For those 10 & Under

### BREAKFAST 4.99

Served with Horizon Organic lowfat milk.

Nutritional information excludes lowfat milk

#### Yogurt & Fresh Fruit Cup 90 cal

seasonal fruit, Greek vanilla yogurt

#### Cheesy Scrambled Eggs 560 cal

potato wedges, sourdough toast

### LUNCH & DINNER 5.99

Served with Horizon Organic lowfat milk and choice of applesauce or cookie

Nutritional information excludes applesauce 50 cal, cookie 330-390 cal, and lowfat milk 110 cal

#### NEW Kids Quinoa Bowl 200 cal, dip 200-330 cal

Quinoa, all-natural chicken breast, fresh broccoli and choice of dipping sauce: ranch, sesame ginger (contains soy and wheat) or Caesar (contains anchovy)

#### Grilled Cheese 450 cal

#### Kraft Mac & Cheese 300 cal

#### Ham Sandwich 260 cal

#### Turkey Sandwich 240 cal

#### Cheese Pizza 550 cal

#### Cup of Soup with Sourdough Fish Bread 280-310 cal

if soup choice is chili add .79

Peanuts, tree nuts, gluten, dairy, eggs, soy, fish, shellfish and other food allergens are present in our kitchen. Although we make every effort to avoid cross contact of allergens, we operate in an open kitchen with shared cooking and preparation areas in which any of our ingredients can be present. Because of this, we are not able to guarantee that any menu item is completely allergen free.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

We participate in

HealthyDiningfinder.com

For Nutritional Information, Visit [boudinbakery.com/NutritionalInfo](http://boudinbakery.com/NutritionalInfo)

We participate in

LiveWell

LiveWell and Kids LiveWell are service marks of the National Restaurant Association

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