Served until 10:30am Monday-Friday, 11:00am Sat & Sun. At participating locations.

SCRAMBLES 8.29

Vegetable Scramble 336 cal

Scrambled eggs, spinach, tomatoes, red bell pepper and broccoli

Turkey & Broccoli Scramble 467 cal

ed eggs, turkey, broccoli and cheddar cheese

Bacon & Red Bell Pepper Scramble 592 cal

Scrambled eggs, applewood smoked bacon, red bell pepper and Swiss cheese.

FAVORITES 8.29

Traditional Breakfast 689 cal

Scrambled eggs, applewood smoked bacon, potato wedges, toast and jam.

Classic Boudin Sourdough French Toast 930 cal

Two thick-cut sourdough slices soaked in a rich cinnamon-vanilla cream, topped with berries.

AVOCADO TOAST

Ingredients include cage-free hard boiled eggs, smashed avocado and sliced seeds & grains or sourdough bread. Served with a choice of original potato chips 140 cal or mixed greens 5 cal, dressing 40 cal.

The Purist Avocado Toast 300 cal (V) 8.99

Cage-free hard boiled egg, smashed avocado, sprinkle of sea salt on toasted classic sourdough with a side of fruit 50 cal.

The Pesto Avocado Toast 410 cal (V) 8.99

Cage-free hard boiled egg, smashed avocado, fresh pesto, sprinkle of sesame seeds on toasted seeds & grains bread with a side of fruit 50 cal

The Bacon Avocado Toast 475 cal 9.99

Thick cut caramelized bacon with a brown sugar, black and cayenne pepper rub, cage-free hard-boiled egg, smashed avocado, sprinkle of sea salt on toasted classic sourdough

BREAKFAST SANDWICHES 6.59

Bacon & Cheddar Cheese Breakfast Sandwich 7/8 cal

Scrambled eggs, applewood smoked bacon, cheddar cheese on toasted sourdough

Ham & Cheddar Cheese Breakfast Sandwich 663 cal

BREAKFAST BURRITOS 6.69

Bacon & Cheddar Breakfast Burrito 610 cal

Whole wheat tortilla, bacon, egg, cheddar, potatoes

Veggie & Swiss Breakfast Burrito 550 cal (V) Whole wheat tortilla, broccoli, spinach, potatoes, egg, Swiss cheese

LITE BITE 4.99

Fresh Fruit 100 cal

Granola & Greek Yogurt Parfait 380 cal Greek vanilla yogurt with fresh seasonal berries and crunchy granola

Potato Wedges 292 cal

Side of Fruit 50 cal

Topped with sharp cheddar cheese and diced onions.

SIDE SOUP & CHILI

Add a side of soup to any entrée. 3.5 Side of chili. 4.00

CHILI 9.29

Beef Chili 655 cal

SIDES 2.69

Sourdough Toast 110 cal

Seeds & Grains Toast 160 cal

Applewood Smoked Bacon 115 cal Toasty grain goodness.

SOUPS 7.99

Served in our classic sourdough bread bowl. Calories include 3.8 oz. bread bowl top 285 cal.

TRADITIONAL SOUPS Clam Chowder in a Sourdough Bread Bowl 575 cal

VEGETARIAN SOUPS

Rustic Tomato Soup 515 cal (V)

Butternut Squash 595 cal (V) Sprinkled with dried cranberries and spiced walnuts. Contains nuts.

SOUP OF THE DAY

SOURDOUGH PIZZAS 9.29

Goat Cheese & Sun-dried Tomato Pizza 630 cal (V)

Chicken Pesto Pizza 660 cal

All natural chicken breast, red onion, tomatoes, pesto sauce, cheese.

Tomato, Basil & Garlic Pizza 490 cal (V)

Pepperoni Pizza 570 cal

Cheese Pizza 550 cal (V)

BURGERS Hot Sandwiches 10.99

California-grown natural Black Angus USDA certified beef. All burgers are cooked well-done 160°F. Served with original potato chips 140 cal or mixed greens 5 cal, dressing 40 cal

California Baguette Burger 1230 cal

California-grown natural Black Angus USDA certified beef, Havarti, lettuce, tomatoes, smashed avocado, mayo, balsamic vinaigrette, garlic-buttered toasted seeds & grains baguette. Add anniewood smoked bacon 2 69 115 cal.

Blue Note Baguette Burger 870 cal

California-grown natural Black Angus USDA certified beef, blue cheese, caramelized onions, arugula, balsamic vinaigrette, garlic-buttered toasted sourdough baguette.

The Original Baguette Burger 1100 cal

California-grown natural Black Angus USDA certified beef, sharp cheddar, lettuce, tomatoes, red onion, garlic-buttered, toasted sourdough baquette.

Sourdough Patty Melt 868 cal

Melted sharp cheddar cheese, creamy Havarti cheese, juicy burger, caramelized onions on Parmesan-crusted sourdough bread.

SALADS 10.99

Served with our world famous fresh-baked bread 110-150 cal.

Asian Chicken Salad 324 cal, dressing 280 cal

All natural chicken breast, oranges, cucumbers, red bell pepper, almonds, cilantro, spring mix, sesame ginger dressing. Contains nuts.

BBQ Chicken Salad 494 cal, dressing 200 cal

All natural chicken breast, corn, black beans, tomatoes, tortilla strips, cilantro, BBQ sauce, ranch dressing.

Chicken Caesar Salad 529 cal, dressing 245 cal

All natural chicken breast, sourdough croutons, Parmesan cheese, romaine lettuce, Caesar dressing.

Cobb Salad 438 call dressing 200 cal

All natural chicken breast, blue cheese, applewood smoked bacon, chopped egg, tomatoes, chiffonade romaine lettuce, ranch dressing

Spring Salad with Chicken 655 cal, dressing 328 cal

All natural chicken breast, Granny Smith apple, spiced walnuts, dried cranberry, feta cheese, spring mix,

BETTER BEST OF BOUDIN

OUR COMBO CORNER GOT AN UPGRADE

Now you can choose any two halves (including hot sandwiches) from our entire menu!

Combo cal range 455 - 1020 cal

Each half must come from a separate category

→ Sandwiches → Soup

→ Burgers

→ Avocado Toasts

→ Salads

→ Seasonal Favorites

COUPLE COMBO NOTES Excludes Breakfast. In a bread bowl additional \$1.

Additional charges for seasonal favorites: Chicken Pot Pie \$4 & Beef Stew \$5

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

SANDWICHES

Served with a choice of original potato chips 140 cal or mixed greens 5 cal, dressing 40 cal

ARTISAN SANDWICHES 10.49

Toasted Chicken Club Sandwich 820 cal Hot Sandwich

All natural chicken breast, applewood smoked bacon, Swiss cheese, smashed avocado, tomatoes, lettuce,

Chicken Pesto Sandwich 740 cal

All natural chicken breast, tomatoes, arugula, balsamic vinaigrette, pesto mayo, on a sourdough baquette.

Turkey Avocado Sandwich 770 cal

Turkey breast, Havarti cheese, smashed avocado, tomatoes, lettuce, mayo, on sliced seeds & grains bread

Ham 'n Brie on Rosemary Focaccia 870 cal

Applewood smoked ham, Brie cheese, arugula, cranberry dijon, on Rosemary Focaccia.

Italian Classic 980 cal

Columbus salami, mortadella, provolone, lettuce, Dijon, mayo, on a sourdough baquette.

Sourdough French Dip 550 cal Hot Sandwich Thinly sliced roast beef, au jus dipping sauce, on a sourdough baquette with a side of horseradish

Tuna Melt 1100 cal Hot Sandwich

Tuna salad, Havarti, sharp cheddar, sliced tomato, on Parmesan-crusted sliced sourdough.

Thick cut caramelized bacon with a brown sugar, black and cayenne pepper rub, crisp green leaf lettuce,

Thick cut caramelized bacon with a brown sugar, black and cayenne pepper rub, crisp green leaf lettuce, smashed avocado, Roma tomatoes, creamy mayonnaise on toasted classic sourdough bread.

BOUDIN CLASSIC SANDWICHES 8.99

Turkey Cranberry 600 cal

Turkey breast, cranberry sauce, red onion, lettuce, mayo, on sliced sourdough

California Veggie Sandwich 620 cal (V)

Smashed avocado, Havarti, red peppers, cucumber, lettuce, red onion, tomatoes, sun-dried tomato spread, balsamic vinaigrette, on sliced seeds & grains bread.

Chicken Salad Sandwich 530 cal

All natural chicken breast, celery, scallion, sliced almonds, red grapes, lettuce, Dijon, mayo, on sliced sourdough

Tuna Salad Sandwich 580 cal Tuna, celery, red onion, parsley, tomatoes, lettuce, mayo, on sliced sourdough.

Turkey & Havarti Cheese Sandwich 740 cal Turkey breast, Havarti, tomatoes, lettuce, mayo, on a sourdough baguette.

Roast Beef & Cheddar Sandwich 610 cal Roast beef, Sharp cheddar, lettuce, tomato, onion, horseradish mayo on sliced sourdough

GRILLED CHEESE 9.99

The Great Grilled Cheese with Bacon 870 cal Applewood smoked bacon, Havarti & sharp cheddar cheese melted to perfection on Parmesan-crusted sliced sourdough.

Grilled Cheese with Ham 930 cal

Applewood smoked ham, sharp cheddar cheese, Havarti, Dijon, mayo, on Parmesan-crusted sliced sourdough

Grilled Brie with Apples & Fig Jam 890 cal (V)

Brie, Havarti, sliced apples and fig jam, on Parmesan-crusted seeds & grains bread.

.

Add Sweet & Spicy Bacon Add thick cut caramelized bacon with a brown sugar, black and cayenne pepper rub to any sandwich or burger 2.69

Peanuts, tree nuts, gluten, dairy, eggs, soy, fish, shellfish and other food allergens are present in our kitchen. Although we make every effort to avoid cross contact of allergens, we operate in an open kitchen with shared cooking and preparation areas in which any of our ingredients can be present. Because of this, we are not able to guarantee that any menu item is completely allergen free

SEASONAL FAVORITES 10.99

Oh My Pot Pie 688 cal

Chicken breast, potatoes, mushrooms, peas and carrots in a rich white creamy sauce

Chunks of tender beef, carrots, potatoes and celery in a savory beef au jus gravy

AVOCADO TOAST

Served with a choice of original potato chips 140 cal or mixed greens 5 cal, dressing 40 cal.

The Purist Avocado Toast 300 cal (V) 8.99

Cage-free hard boiled egg, smashed avocado, sprinkle of sea salt on toasted classic sourdough

The Pesto Avocado Toast 410 cal (V) 8.99

Cage-free hard boiled egg, smashed avocado, fresh pesto, sprinkle of sesame seeds on toasted seeds & grains bread.

The Bacon Avocado Toast 475 cal 9.99 Thick cut caramelized bacon with a brown sugar, black and cayenne pepper rub, cage-free hard-boiled egg, smashed avocado, sprinkle of sea salt on toasted classic sourdough.

SWEETS & TREATS

COOKIES 2.79

Equal parts soft and chewy

Chocolate Chip Cookie 360 cal

Oatmeal Raisin Cookie 330 cal Oat-erly amazing, Contains nuts

White Chocolate Macadamia Cookie 390 cal Peanut Butter Cookie 380 cal

Snickerdoodle 370 cal Royale Cookie 390 cal Macadamia nuts, fresh coconut. chocolate chips. Contains nuts

BROWNIES & BARS 2.99

Fudgy Brownie 420 cal Raspberry Bar 330 cal

DRINKS

Iced Tea 2.99 flical

Orange Juice 3.50, 110 cal Apple Juice 2.50, 140 cal

Bottled Water 2.50, 0 cal Coffee 2.65 float

Soft Drink 2.99, 0-160 cal

Hot Tea 2.65. 0 cal

San Pellegrino Aranciata 2.99, 140 cal San Pellegrino Limonata 2.99, 141 cal

Lemon Bar 320 cal

BEER & WINE

Available options 96-250 cal. Beer & wine enjoyed in-restaurant only, cheers!

Domestic Beer 4.15 **Import Beer** 4.75

Local Brew 5 00

Milk 2.50 160 cal

Kendall-Jackson Chardonnay 7.50 glass, 13.50 half bottle La Crema Pinot Noir 7.75 glass, 14.25 half bottle

We participate in Mealthy Dining finder.com



